

Be kind, be brave, be your best

Newsletter no 19
July 11th, 2023

Principal's Chat

Hi everyone,

Welcome back to school for Term 3. I hope you all had a nice break and enjoyed some time together. **On the first weekend of the holidays, our school opened to the public to celebrate 150 years of education.** We had many visitors to the school on the Open Day, including past students, past teachers and principals, as well as family members of students who attended the school. We even had the great grandson of the first Principal visit. It was lovely hearing the different stories our visitors shared and the connections they had with the school. **Thank you to Coby Cox for coming along to host the day with me. We have another event planned for our 150th celebration and that is our 'Old Fashioned Dress Up Day' on Tuesday 1st August.** On this day, students and staff will dress up in old fashioned clothing and will get to experience what school life was like back in the late 1800s, early 1900s. **Please start planning a costume to ensure all students feel included in this exciting day.**

Our Parent Teacher Interviews start this afternoon and many bookings have been made. If you are yet to book in for an interview or a Student Support Group (SSG) meeting, and would like to do so, please phone the office to organise a time.

This term we are holding our annual Athletics Carnival. Today John Bond, Maryborough Little Athletics Coach, ran throwing sessions with the classes. He taught children the correct technique for shot put and discus. John will be visiting again before the carnival to teach students the correct techniques for other athletics events. Teachers will also work through the different track and field events in PE sessions throughout the term. **Our Athletics Carnival is set for Friday 11th August. We will require some parent helpers for the day, so please mark this date in your calendar.**



THIS WEEK AT M.P.S.

Thursday 13th July

- Preparation for Puberty, Grades 5 and 6

Friday 14th July

- Friday Fundraiser
- NO Assembly

UPCOMING EVENTS

Wednesday 19th July
Parent teacher interviews

Tuesday 25th July
Parent teacher interviews

Tuesday 1st August
Maldon P.S. 150th celebration – Old fashioned dress up day

Friday 11th August
Athletics Carnival

Wednesday 16th August
School Council (online)

Thursday 24th August
Book Week dress up day

August 31st - September 1st
Grade 1 and 2 camp

Monday 4th September
School photos

September 11th - 13th
Grade 3 and 4 camp

October 2nd - 4th
Grade 5 and 6 camp

Friday 6th October
Curriculum Day

Monday 6th November
Curriculum Day

This week our whole school values focus is: I am aware of my feelings and how I respond (Be kind)

I can identify my feelings

I can identify my triggers

I can describe how my body feels (happy, angry, frustrated, sad etc)

I can name strategies to help me manage my emotions (get a drink, take a break, ask for help, go for a walk)

I have included a link to an article which gives tips and strategies to help parents/carers talk with their children about emotions and regulation. This article, [Understanding emotions: children & teens | Raising Children Network](#) will help consolidate the learning the children are doing in the classroom this week.

Lily Fraser, our Art Therapist, continues to come to the school on a fortnightly basis. Lily works with students on resilience, confidence, grief, social skills etc. There are many areas Lily can cover and her sessions and conversations are worked through in fun, creative ways. **If you believe your child would benefit from working with Lily, please contact the school to share information about your concerns.**

Drew Thorpe (our instrumental music teacher) has advised us today that he will be taking leave for term 3 and anticipates returning for classes in term 4. Drew will be contacting all families who have enrolled students this week.

Now that we are in the second semester of the year, we are starting to think about prep enrolments for 2024. The new state wide prep enrolment deadline is Friday 28th July. If you know of any families considering Maldon Primary School for 2024, please encourage them to contact the office as soon as possible. If you have a prep student starting school next year, please phone the office to obtain an enrolment pack and return it by 28th July.

Take care

Alisa

Reminders

Permission/payments required:

- If paying by instalment, the second instalment of \$60 for the Grade 1 and 2 camp is now overdue. Please pay immediately.
- The deposit (\$100) and reply slip for the grade 3 and 4 Coastal Forest Lodge camp and the grade 5 and 6 Roses Gap camp is due this Friday 14th July.

Absence notifications: Parents are reminded that if a student is absent from school they are required to notify the school of the reason for the absence. Parents can notify the school of student absences in four ways:

- the preferred method is by creating an absence note in uEducateUs. Please ask Debra in the office if you need help with doing this.
- by calling the office on 5475 1484.
- sending an absence form in with a sibling.
- sending an email to maldon.ps@education.vic.gov.au.

If you are aware of an upcoming absence e.g. dentist appointment you can give us prior notification of this using uEducateUs or an absence form.

If you are taking a family holiday during term time please let the school know in advance so that a learning plan can be prepared for students if required.

New uEducateUs app: A reminder to all families to download the new uEducateUs mobile app and start using it. If you are unsure of your user name and password please contact the office.

Young Leaders Friday FUNdraiser

Please leave orders with your classroom teacher.

Available each Friday are: **Sausage rolls \$3.50 and Juice Box \$1.50**

What's happening in the classroom?

Inquiry expo



Japanese Cooking Classes



Thank you to Ron, Anya and Alex for helping with the lessons-we couldn't have done it without you!

What's happening in the community?



Dhelkaya Health

BEFORE THE HORMONES HIT THE FAN
PARENTING IN THE MODERN WORLD


Join Community Health nurse Bron Grieve for tips and tricks to fill your parenting toolbox. Take home ideas to support your primary school child through tricky topics BEFORE those hormones hit the fan!

bookings at goldfieldslibraries.com THURS 20 JUL
CASTLEMAINE LIBRARY 5.15PM-6.30PM

CAMPBELLS CREEK FOOTBALL NETBALL CLUB

BRING YOUR FRIENDS. ALL WELCOME!

JUNIOR Disco



PRIZES UP FOR GRABS!

SPECIAL PERFORMANCE BY
Dj Marcus

\$5 ENTRY CANTEEN OPEN 5PM-8PM

FRIDAY THE 14TH OF JULY, 2023

ADHD IN SCHOOLS PARENT/CARER INFO SESSION

This session is for parents/carers of school aged children with an ADHD diagnosis, attending school in Mount Alexander.

The session will cover:

- What is ADHD
- How to support your child
- How to ensure your child's teacher is on board and is in partnership with you
- How to ensure your child's school is meeting its legal responsibilities towards your child under the Australian Disability Standards in Education laws (and what you can do if they're not)

The session will be delivered by Victoria Gelberg, founder and director of ADHDvantage - ADHD education and coaching. Victoria is a teacher with over 25 years experience working across Primary, Secondary and Specialist Schools, and has undertaken training with international ADHD educator and advocate Cindy Goldrich.

Friday 28 July 4:00-6:00pm
Winters Flat Primary School
3 Roberts Avenue Castlemaine

Places are limited and registrations are essential


For more information or to register contact adhdmountalexander@gmail.com

This session is for parents/carers only. Subsidised after school care is available through OSHClub at Winters Flat if necessary. Conditions apply and registration is essential.




This project is supported by the Mount Alexander Shire Council's Community Grants Program

The Addams Family



A NEW MUSICAL COMEDY



Book by Marshall Brickman & Rick Elice

Music and Lyrics by Andrew Lippa

Based on Characters Created by Charles Addams

BY ARRANGEMENT WITH ORGIN™ THEATRICAL ONBEHALF OF THEATRICAL WORLDWIDE, NEW YORK

Castlemaine Secondary College

Performances: 10-12 August 7PM
Venue: The Phee Broadway Theatre

Bookings can be made <https://www.trybooking.com/CJKNP>

CHECK OUT

ONE DAY STUDIOS


CLASSES!

**ART!
ILLUSTRATION!
ANIMATION!
CRAFTING!**

Come join us at *One Day Studios* to do cool stuff like comic writing, drawing, crafting, and more!

Classes available for ages 8+!

Scan to see our current courses:




Or visit castlemaine.onedaystudios.org.au

71 Forest St,
Castlemaine
joshonedaystudios.org.au

ONE DAY STUDIOS CASTLEMAINE

Term 3 MTB Skills Programs

TRAILHEAD COACHING



| | |
|--------------------------------|---------------------------------|
| BENDIGO | CASTLEMAINE |
| 5-8yr Program - Wed 4pm-4:45pm | 6-9yr Program - Mon 4pm-4:45pm |
| 9-16yr Program - Wed 5pm-6pm | 10-14yr Program - Mon 5pm-6pm |
| | 6-9yr Program - Tues 4pm-4:45pm |
| | 10-14yr Program - Tues 5pm-6pm |

Register Online: www.trailheadcoaching.com.au

Our programs specialise in the development of fundamental MTB skills. Weekly sessions set kids up to ride off road safely, develop confidence & most importantly have fun on their bike!

For More Information contact Email: jo@trailheadcoaching.com.au Mobile: 0400 871 803