

Be kind, be brave, be your best

Newsletter no 26 August 29th, 2023

Principal's Chat

Hi everyone,

Thank you to parents and carers for ensuring children were prepared and dressed up for the **Book Week Dress Up Parade** last week. It is always such a fun and exciting day. Days like this encourage students to have conversations about books and characters, bringing great excitement to the classes during rotation activities. It was great to see the creativity come out in children and their love of a book or character. Well done to the students who were awarded certificates for their great imagination and creativity with their costume. Thank you to the School Captains, Isla and Seth for organising and running the Book Week Parade.



This week's whole school values focus is: I am responsible for my thoughts, feelings, words and actions (Be brave).

Students have been focusing on the following areas:

I accept responsibility for my actions and don't make excuses

I am honest

I own up to my mistakes

I can apologise/accept an apology

I try to fix relationships/trust that I have broken.

Over the last couple of weeks I have had to talk to some students about thinking before they speak or act. We all experience many emotions throughout one day and it is okay to feel angry, upset etc. when things don't go to plan, however it is never okay to be verbally or physically aggressive towards others. As part of our behaviour framework, leadership staff discuss the issue/behaviour with all children involved, linking our behaviour matrix and school values to the discussion. In these discussions, it is important that children are being honest, sharing their side of the story, being brave and taking responsibility for their actions.



THIS WEEK AT M.P.S.

Thursday 31st August

 Boomerang Ranch camp, Grades 1 and 2

Friday 1st September

- NO Friday Fundraiser
- NO Assembly
- Boomerang Ranch camp, Grades 1 and 2
- Tennis and cricket excursion, Grades 4-6

Monday 4th September

• School photos, 9am

Tuesday 5th September

Australia's Biggest Child
 Safety Lesson, all classes

UPCOMING EVENTS

Monday September 11th Moving furniture from shed, 3.30pm

> September 11th - 13th Grade 3 and 4 camp

October 2nd - 4th Grade 5 and 6 camp

Friday 6th October Curriculum Day

Sunday 15th October Working Bee

Monday 6th November Curriculum Day

Thursday 30th November Shopping Spree fundraiser

Tuesday 12th December Statewide transition day

Monday 18th December Grade 6 Graduation We will continue to work with children and their parents/carers around these types of behaviours, to help our students become socially successful members of the community. Thanks to parents/carers for supporting us and working together to ensure the best outcomes are reached by each and every child.

I have included two articles below to give parents/carers some tips on helping children identify and manage their emotions and take responsibility for their actions. Click the links below to access the articles.

Understanding emotions: children & teens | Raising Children Network

Responsibility: pre-teens & teenagers | Raising Children Network

Next week Melissa Usher will be going on Long Service Leave for the remainder of term 3. Fiona Themann will be replacing Melissa as the grade 5/6 teacher until the end of the term. Fiona has taught in the grade 5/6 classroom several times and the students are familiar with her.

We only have a bit more than a week left of the Parent Opinion Survey! We would like as many parents/carers to complete the survey to ensure the data is as informative as possible. Only 9 families have completed the survey so far and our goal is 40 families! Please see the uEducateUs announcement (7th August) for the website and school pin. If you need assistance with getting into the survey, please come and see us in the office.

I wish all the Dads and significant 'father figures' in our students' lives a lovely day celebrating Father's Day on Sunday.

Take care

Alisa

What's happening in the classroom?

Weekly awards: The following students will be receiving awards at assembly next Friday:

P/1: Billie for giving new things a try and praising others when they are doing an amazing job! (Be your best)

2/3: Addi for giving new things a try and being grateful for new opportunities (Be your best)

4/5: Jasta for taking on new opportunities and trying new things (Be your best)

5/6: Moirah for always having a positive outlook when trying new things (Be your best)

Digital Technology: Flynn for giving his best effort to coding tasks.

Art: Rilen for the careful consideration he has put into his lino printing artwork.

Performing Arts: Bailey for the success he had during our circus skills session.

Birthdays

L to R: Seth, Jaydah and Frances



Classroom Values and Digital Tech awards

Back row : Chayse Front row L to R: Cohen, Caleb, Frances and Wyn





Japanese: The students from grades 2 to 6 have been studying food and have created role play situations at a Japanese restaurant. Students have chosen the part of either a waiter or a customer, and have worked together dialoging and practising their role plays. As part of this exercise they have used common phrases learnt in class to talk about food. They have expressed what they would like to eat and drink, described what the food looks and tastes like and used cultural conventions appropriate to eating in Japan. Lessons have been focused on pronunciation and fluency.



Grade Prep to 3 local excursion to the Maldon train station and Beehive chimney:



Reminders

Permission/payments required:

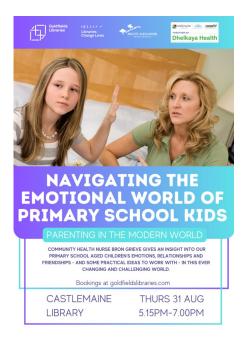
- Paperwork (medical form and permission form) for the Grade 3 and 4 Coastal Forest Lodge camp and Grade 5 and 6 Roses Gap camp is now OVERDUE. Please return immediately
- Final payment for the Grade 3 and 4 Coastal Forest Lodge camp is now OVERDUE. Please pay immediately.
- Final payment for the Grade 5 and 6 Roses Gap camp is due by Friday 8th September.



Can you help?

In the September school holidays we will be demolishing our storage shed at the back of the school in preparation for a new shed to be erected at the beginning of October. We have decided to change tactic and relocate the items from the shed (tables, marquees, paint etc) to the school building after school on Monday 11th September in the hope of getting some more helpers! Start time will be 3.30pm and hopefully we will be done in less than an hour. If you can help please contact Debra via phone 5475 1484, email debra.watson@education.vic.gov.au or uEducateUs message.

Something which may interest our families...



What's happening in the community?



BONFIRE PARTY MALDON GOLF CLUB FRIDAY SEPTEMBER 15th 5.30pm "Welcome to Spring" parade by wood-nymphs and fairies

POTATO, LEEK & HAM SOUP...HOT DOGS & KRANSKYS BAKED POTATO BOWLS with SWEET CHILLI SAUCE or GRAVY SPICED APPLE JUICE, MULLED WINE & all your BAR FAVOURITES

Children are encouraged to come dressed as wood nymphs and fairies



ADHD IN SCHOOLS

This session is for parents/carers of school aged children with an ADHD diagnosis, attending school in Mount Alexander. The session will cover:

- What is ADHD
- How to support your child
- How to ensure your child's teacher is on board and is
 in partnership with you
- How to ensure your child's school is meeting its legal responsibilities towards your child under the Australian Disability Standards in Education laws (and what you can do if they're not)

The session will be delivered by Victoria Gelberg, founder and director of ADHDvantage - ADHD education and coaching. Victoria is a teacher with over 25 years experience working across Primary, Secondary and Specialist Schools, and has undertaken training with international ADHD educator and advocate Cindy Goldrich.

Friday 20 October 4:00-6:00pm Winters Flat Primary School 3 Roberts Avenue Castlemaine For more information or to register contact adhdmountalexander@gmail.com

This se<mark>ssion is for p</mark>arents/carers only. Subsidised after school care is available through OS<mark>HClub at Wint</mark>ers Flat if necessary. Conditions apply and registration is essential.



This project is supported by the Mount Alexander Shire Council's Community Grants Program

