

# Be kind, be brave, be your best

Newsletter no 34 November 14th, 2023

# **Principal's Chat**

Hi everyone,

One of the silver linings that came out of Covid-19 was creating the new tradition of hanging Remembrance Day writing and art on our front fence for Maldon community members to enjoy. If you haven't had a chance to have a look, please stroll along the fence and read the special writing from the students. You are welcome to take any pieces of work home with you.



# Thank you to the students (and parents/carers) who came along to represent the school at the Remembrance Day service on Saturday.

There were many positive comments from community members about the exemplary behaviour the students showed during the service, as well as the confidence and pride Alice displayed when reading her winning writing piece to the crowd. Thanks to Isla, Yoshi and Alice for laying the wreath on behalf of the school, as well as Harriet, Wyn, Darcy, Layla, Alex, Fletcher, Rilen and Isobelle for laying rosemary to show their respect. I was very proud of the students on the day.





Last week we held a practice evacuation drill where all staff, visitors and students were required to evacuate the building and walk to the Bill Woodfull Recreation Reserve in their class groups. All students listened carefully and moved in a calm manner. We undertake these drills once per term to ensure that everyone knows what to do in an emergency and to give staff an opportunity to review our processes and make any necessary improvements.

This week's whole school behaviour focus is: I am a positive role model (Be your best).



### THIS WEEK AT M.P.S.

### **Tuesday 14th November**

Clubs program (all students)

# Wednesday 15th November

- First transition morning for 2024 Preps-9.15am to 10.45am
- School Council, 6.30pm

### **Thursday 16th November**

Set for Secondary sessionGrade 6 students

### Friday 17th November

- Friday Fundraiser
- Assembly, 3pm –
   Grade 4/5 presenting



# **UPCOMING EVENTS**

### Wednesday 13th December

School Council dinner

Thursday 30th November Shopping Spree fundraiser

**Tuesday 12th December**Statewide transition day

Monday 18th December
Grade 6 Graduation

This focus will be taught through our Respectful Relationships program, but also through our every day discussions with the students. The 'I can' statements we will be working towards are:

I am respectful

I look out for others

I include others

I do the right thing even when no one is watching

I am honest

I am proud of myself and my actions

I use kind words.

I have included links to articles to give parents/carers some tips and strategies about why children behave in certain ways and how we can encourage positive behaviour. <a href="https://raisingchildren.net.au/teens/behaviour/peers-friends-trends/peer-influence">https://raisingchildren.net.au/teens/behaviour/peers-friends-trends/peer-influence</a>

https://raisingchildren.net.au/pre-teens/behaviour/encouraging-good-behaviour/being-a-role-model

Tomorrow we welcome our 2024 prep students for their first official transition morning. I have been speaking to some of the grade 4 and 5 students over the past week and they are looking forward to being positive role models and 'big buddies' for the younger students.

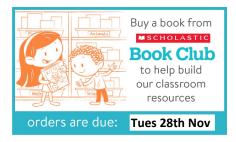
Today the students will attend their last Clubs session. This has been a real highlight for students and staff because they have been able to connect with a number of community groups in Maldon. Thank you to Robyn Riley, The Maldon Men's Shed, The Maldon Croquet Club and The Maldon Bowling Club for being part of our Clubs program this year. We acknowledge and appreciate the extra planning and the time commitment this has created for these groups, but we hope it has brought as much joy to the community as it has to our school. We look forward to continuing this connection in 2024.

Take care

Alisa

# Reminders

- The following forms relating to 2024 need to be returned to the office tomorrow, Wednesday 15th
  November: the 2024 Contribution form (one per child), Acceptable Use Agreement (one per child),
  Local Excursion consent form and uniform order form (if required). Families are also encouraged to
  return other relevant forms e.g. bus travel, conveyance and CSEF forms by Wednesday 15th November as
  well.
- If you would like your child to undertake the Free Vision Screening provided by Lions Eye Health Program please return the consent form (sent home yesterday) by Friday 24th November.
- Don't forget to order your 2024 Stationery packs directly from Education Plus. Instructions for ordering
  were contained in the information packs sent home two weeks ago. Orders must be placed by Friday 15th
  December, 2023.



# **Young Leaders Friday FUNdraiser**

Please leave orders with your classroom teacher.

Available each Friday are: **Sausage rolls \$3.50 and Juice Box \$1.50** 

# What's happening in the classroom?

Weekly awards: The following students will be receiving awards at assembly on Friday:

P/1: Clem for always making space for others (be kind)

2/3: Oliver C for always respecting the personal space of others (be kind)

4/5: Blake for always making room for his peers to be included (be kind)

5/6: Wilbur for always respecting others in and out of the classroom (be kind)

Art: Ollie W for the persistence he has shown in creating our lanterns for the Twilight Festival parade.

Performing Arts: Myra and Abbey for the initiative they took in choreographing a part of a class dance.

**Principal Awards:** Seth, Grace and Yoshi for watering the vegetable garden in their lunch times; Isla for putting the bins away; Isla, Yoshi, Alice, Fletcher, Rilen, Isobelle, Layla, Darcy, Alex, Harriet and Wyn for representing the school at the Remembrance Day service.

## **Kelly sports incursion:**









# Something which may interest our families...

### Information for Parents and Carers (Follow up from 'Day for Daniel')

Last newsletter I shared the first 10 conversation starters with you. I hope that these have been a great resource to get talking to your child/ren about safety. I have included the next 10 conversation starters for you to use with your child/ren and to continue the conversation around safety.

All children have the right to feel safe. Personal safety education for children can help to prevent child abuse and can support the development of healthy relationships free from violence and harm. Personal safety education includes children being able to **Recognise** body clues, **React** in an unsafe situation and **Report** to an adult who can help.

If you would like to see the Activity Instructions and advice, please see our last newsletter.

# Conversation Cards discussion guide for Parents and Carers, cards 11 to 15

 There are 3 Rs to remember when we are learning to stay safe: Recognise body clues, React in an unsafe situation, Report to a grown-up who can help.

> How could someone 'react' if they found themselves in an unsafe situation?

12. Kids Helpline '1800 55 1800' is a free, 24/7 counselling service that all kids in Australia can use to speak to a grown-up at any time, for any reason.

> What do you think children all over Australia phone about?

# Ways to React:

- Say 'NO'
- Run
- Scream 'HELP'
- Tell a safety helper

Activity: Ask your child to design and create their own 'Recognise, React, and Report' poster. They may wish to display the poster on the fridge or in their bedroom.

#### Answer

- Anything that might be bothering them
- Bullying and cyberbullying
- Something at home or school
- Family issues
- If they feel sad, scared, angry or lonely
- School and study stress
- Friendship and relationships
- Gender identity
- Sexuality
- Mental health
- Body issues
- They feel unsafe

**Activity:** Ask your child to create a poster to inform other children about Kids Helpline '1800 55 1800'. Visit kidshelpline.com.au for more information.

13. Do your parents or carers know about the games, apps and websites you enjoy?

Why or why not?

Answer: You should teach your parents or carers about the games, apps and websites you enjoy so they are aware, and they can help you. You should also allow them to be 'friends' with you on social media or games, so they can speak to you if they see something concerning or something they don't think is safe.

Carla and Tegan have been talking online for a long time now, but they have never met in the real world. Tegan has asked Carla to meet her at the weekend.

What do you think Carla could do?

#### Answer:

- Immediately tell one of her safety helpers
- Stop communicating with the person
- Not agree to meet them
- Not give them her full name, address or any other personal details

 It's important to know how to stay safe in the 'real world' and the 'online world'.

> Can you explain the difference between the 'real world' and the 'online world'? What things do you do to stay safe online?

Answer: If you can throw a ball and the person you are talking to can catch it, then they are in the 'real world'. If you throw a ball and it hits your device screen and bounces back, then they are in the 'online world'. To stay safe online don't send photos or videos to others, don't share your personal information and don't post or share mean or rude content. Always let your parents or carers know what you are doing online.

### Conversation Cards discussion guide for Parents and Carers, cards 16 to 20

 Molly put a private photo of Chris online without asking Chris if it was okay to do that.

What could Chris do to get the photo removed from the internet?

Answer: Molly is not allowed to put a private photo of Chris online and it is important that Chris reports it. Chris can tell an adult from his safety network or call Kids Helpline for support. He can report it to the social media service where the image is posted. If they don't remove it within two days, Chris can also make a report to the eSafety Commissioner.

17. Katie and Ellis are friends in the 'real world' and they also talk to each other on the internet. Ellis notices someone is being unkind to Katie on the internet and he thinks they might be bullying her.

> What could Ellis do to help Katie?

Answer: Ellis could tell one of his safety helpers and encourage Katie to tell one of hers. He could report the bullying to the social media service that it is occurring on. If the social media service does not remove the material within two days, Ellis should report it to the e-Safety Commissioner.

**Activity:** Ask the your child to role play the actions they would take to support a friend who was being bullied online. You could:

- Tell the friend that you care

or computer.

- Ask the friend if they need help
- Encourage the friend to tell their safety helper
- Tell one of your own safety helpers
- Suggest that your friend block and report the bully

 On the internet, someone has asked Niya to send them her personal information.

What information is 'personal information'?

What would you tell Niya to do?

Answer: Your personal information may include your full name, address, phone numbers, school, date of birth, email address or username and password. Personal information can help us communicate with friends and family, but we need to be careful not to share our personal information online. Niya should: Immediately tell one of her safety helpers, not communicate any further with the person, not send any personal information and turn off her device

Mark likes playing online games.

Do you play any online games?

How might someone make Mark feel uncomfortable while he is playing an online game? Answer: They could ask Mark personal questions or for a photo, be mean to him, put him under pressure, ask him to 'private message', ask him to keep their chat a secret or ask him to meet in person.

For further discussion, ask the children what Mark

could do if someone made him feel uncomfortable.

Activity: Ask your child to design their own avatar and screen name they could use to represent themselves while playing an online game. Remind them not to use their own name, date of birth or school.

20. Chloe is playing an online computer game. Hannah starts talking to her. They both love puppies, dancing and they even have the same favourite TV show. Are Hannah and Chloe friends? Use the word 'because' to explain your answer.

Answer: It is easy for people to lie online. Even if they have been chatting for a while and they feel comfortable talking to each other, Chloe cannot be sure that Hannah is telling the truth. Some people try to make friends online for the wrong reasons, even if they appear to like all the same things, seem nice or offer gifts, they are not friends. For further discussion, ask these questions: Do you know who someone is, just by what they say to you online? How does Chloe know that Hannah is telling the truth? Can you trust this person like you would trust one of your school friends?

# **Fundraising news**

Shopping Spree fundraiser, Thursday 30th November: Buy your tickets at the office now!



# **Community Connections**

# Maldon Twilight Festival Night Market and Lantern Parade, Friday 19th January, 2024

Dear Parents, Grandparents, Carers and Guardians,

### MALDON TWILIGHT FESTIVAL NIGHT MARKET & LANTERN PARADE

We are excited to announce that we are currently in the process of creating our second night market & lantern parade as part of Maldon's Twilight Festival weekend to be held on **Friday**, **19 January 2024**.

We are collaborating with Kirby Kneebone & Maldon Primary School to involve the students by creating *Sea of life* lanterns. We are inviting the students (and their family members) to come join in the festivities from 6.30pm and participate in the lantern parade which will commence at Maldon's Bank Corner at 9.10 pm and progress along the main street.

We understand the date falls during school holidays and some students will be away. We will be looking to coordinate featuring all lanterns in the parade by working together.

Maldon Eat Drinks Events Inc is a not-for-profit organization. We are committed to showcasing Maldon's community including arts & music, regional food producers & bespoke artisans to tourists, our local & regional communities in this special night event.

Please feel free to reach out with any queries.

Sincerely,

Pamela Jewson

0417150709



# **MAK Radio featuring Maldon Primary School:**

If you didn't catch MAK Radio at Maldon Primary School on Saturday please find the link below:

https://www.mixcloud.com/MainFm/mak-radio-at-maldon-primary-school-2023/

# What's happening in the community?

Courageous Kids and their Amazing Adventures by Stephanie Owen Reeder and Liz Duthie contains seven stories about real-life young Australians who have shown amazing courage.

To celebrate its publication, primary school students in years 4-6 living in the Goldfields Libraries region, are invited to...

#### Write a story about a time YOU were courageous!

Your story of courage may be about a big adventure or a smaller moment, like when you stood up for a friend, performed in the school play or had to get through a tough time.

#### The story must be:

- · Full of interesting and varied language
- Captivating and understandable for the reader
- . Believable but it doesn't have to be true! • 300-500 words (neatly handwritten or typed)
- Hand deliver to your local Goldfields Libraries branch, or email Shae at shaeh@ncgrl.vic.gov.au

#### Entries close 5pm, Friday 24 Nov

More info at ncgrl.vic.gov.au/courageouskids



Duthie

Winner will be announced at the Courageous Kids and their Amazing Adventures book launch! Saturday 2 December, 10:30-11AM Castlemaine Library 212 Barker St, Castlemaine



Maldon Neighbourhood Centre and the Maldon Anglican Parish present...

Are you feeling the pinch of the rising cost of living? Then the Maldon Pantry is for you!

The Maldon Pantry is a safe and welcoming space for anyone and everyone to access some of the essentials that are becoming increasingly hard to afford.

From milk and bread, canned and dried foods to hygiene essentials and items for pets, the Maldon pantry is here to make sure you have the things you need.

> Every Wednesday from 22nd Nov - 20th Dec. 9-11am. Holy Trinity Hall, 50 High St. For more details contact





FITNESS FRIENDS



#### **NO EXPERIENCE OR EQUIPMENT REQUIRED!**

Are you between 5 - 10 Years old & wanting to learn to play cricket?

Come & join Muckleford's Woolworths Blast Program on Thursday nights @ North Muckleford commencing Nov

### Scan the QR Code to register!

For further details, contact Brett Cole on: +61 439 882 765 brettcole49@hotmail.com Nth Muckleford, Muckleford-Walmer Road, Muckleford VIC **Muckleford Cricket Club** 













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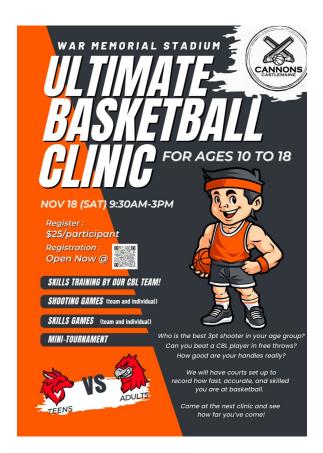
# **MAKE A DIFFERENCE TO YOUR LOCAL HEALTH SERVICE**

We are seeking new members to join our Community Advisory Committee who will help us with:

- the development of programs and services
- · reviewing feedback trends to monitor service quality
- · reducing barriers, and addressing issues related to diversity, access and equity
- · reviewing public information to make sure it's easy to understand

We welcome people of all ages, those with disabilities, Aboriginal and Torres Strait Islander people, those from Culturally & Linguistically Diverse backgrounds, carers and LGBTIQA+ people to apply.





Kids will have an absolute blast with a full day (9.30am to 3pm) of basketball at **Ultimate Basketball Clinic**. Not only will the kids train with members from our top-seeded CBL team, but we also have a mini-tournament and various games to test their abilities. Parents can drop their kids off at 9.30 am (with a packed lunch and some money for snacks) and pick them up at 3pm! (Lunch deliveries can be set up for 11.30 am to War Memorial Stadium at 1<sup>st</sup> McGrath St., Castlemaine) Open to all kids ages 10 to 18. See attached flyer for more info.

Register here: https://www.playhq.com/basketball-victoria/register/co936b

