

Be kind, be brave, be your best

Newsletter no 15 May 28th, 2024

Principal's Chat

Hi everyone,

On Sunday 26 May, 2024 we marked National Sorry Day. On this day each year we as a nation remember the grief, suffering and injustice experienced by Aboriginal and Torres Strait Islander people who were forcibly removed from their families and communities, whom we now know as the Stolen Generations.

This week is National Reconciliation Week and this year's theme, 'Now more than ever', reminds us that the shared fight for justice and the rights of Aboriginal and Torres Strait Islander people will, and must, continue. Even though we have had low student numbers at school, we still went on our planned 'Reconciliation Walk' on Monday.

Ray Stevenson took us on our very first 'Reconciliation Walk'. Here is some information from Ray:

We walked on Jarra country - land of the Liarga Balug clan of the Dja Dja Wurrung cultural language group of the Kulin nation. Walking up Mt Tarrangower we took a spur to level open-wooded country, a gathering ground from which we observed neighbouring mountains and considered the meaning of reconciliation and healing.

We crossed to a beautiful gully, less damaged than most on the mountain, with dry stone workings and an old cart track. In the cutting of a disused spillway a fine and large gum grows from the sheer rock face, symbolic of living cultures, to us it is now our 'Living Cultures Tree'.

On return we made a small quartz cairn on the ground above the school thus marking our call for reconciliation. The cairn will grow.





THIS WEEK AT M.P.S.

Friday 31st May

- NO Friday fundraiser
- NO Assembly

Monday 3rd June

Smile Squad fluoride visit



UPCOMING EVENTS

Friday 7th June Curriculum Day

Tuesday 11th June Quantum Excursion, Grades 3-6

Wednesday 12th June Quantum Excursion, Grades Prep-2

> Wednesday 19th June School Council meeting

Thursday 27th June Class Expos, 9am-9.45am

Friday 28th June Last day term 2, 2.30pm dismissal

> CHANGE OF DATE Thursday 12th December Grade 6 Graduation

We anticipate making this an annual tradition for National Reconciliation Week. Our gratitude goes to Ray for guiding us and to Kirby and Rainer for co-ordinating the event. Due to absences this week, classes will undertake their planned National Reconciliation Week activities next week.

This week has been an unusual week with a high number of absences due to illness. With illnesses such as Covid-19 and Influenza A in the community, please ensure you keep your children home if they are unwell. These illnesses are highly contagious and can spread quickly through groups of people.

Vaccination is the best way to protect yourself and others from getting the flu. Annual influenza vaccination is recommended from mid-April each year. Flu vaccinations can be booked through GPs and pharmacies, many of which can also provide COVID-19 vaccinations. Flu vaccination is recommended for everyone aged 6 months and over.

Some people are more at risk of complications from flu and are eligible for free vaccination as part of the <u>National</u> <u>Immunisation Program | Australian Government Department of Health and Aged Care</u>.

For more information about preventing flu, and immunisation, refer to: <u>https://www.betterhealth.vic.gov.au/health/</u><u>healthyliving/flu-influenza-immunisation</u>

The COVID-19 booster dose is available for everyone aged 18 and above. Getting your booster dose remains the best way to prevent severe illness or hospitalisation, especially in people aged over 65 and those at higher risk of severe illness. You can have your booster dose 6 months after your last dose or COVID-19 infection. You can get your next Covid-19 dose at your local pharmacy or GP. To find one near you, refer to Find a health service | healthdirect

To keep our school community well, parents, carers and students are encouraged to practise prevention measures including:

- · washing and sanitising hands regularly
- · avoiding touching eyes, nose and mouth with unwashed hands
- · covering nose and mouth when coughing or sneezing
- · staying home if unwell and consulting a general practitioner or Nurse-on-call as required
- · staying up to date with flu and COVID-19 vaccinations

Unfortunately, due to the number of illnesses, we have had to postpone our Grade 5/6 camp. This will now be held in December when everyone should be fit and healthy enough to enjoy the camp.

This week's whole school values/behaviour focus is: I am helpful (Be kind). In class, the children will be working towards meeting these 'I can' statements –

- I help others
- I show initiative
- I co-operate with my classmates
- I share with others.

I have included articles that will give parents/carers some tips and strategies on why siblings fight and how to manage these fights. Click the links to read the articles:

Kids fighting: children and siblings | Raising Children Network

Sibling fights: how to handle them | Raising Children Network

Finally, a reminder that next Friday 7th June is a Curriculum Day and no students are required at school. Teachers will be working on Semester 1 reports.

Thanks

Alisa



Reminders

Permission/payments required:

- Grade 5/6 Castlemaine Secondary College experience day excursion permission due on uEducateUs by Tuesday, 4th June
- Grade Prep/1 and 1/2 Quantum excursion permission due on uEducateUs by Thursday, 6th June
- Grade 3/4 and 5/6 Quantum excursion permission due on uEducateUs by Thursday, 6th June

Smile Squad six month fluoride varnish visit:

Following on from their visit last year, the Bendigo Health Smile Squad team are heading back to our school to complete six-monthly fluoride varnish applications for those students who have provided consent. Fluoride varnish applications help make sure students have the best chance of preventing tooth decay, so we're excited Smile Squad are coming back.

Consent for this fluoride varnish application was provided when students' initial consent forms were returned. However, if anyone has changed their mind and do not wish to receive a fluoride varnish application, they can contact Bendigo Health directly to let them know. Please contact the Smile Squad team via:

> 0460 729 200 dental@bendigohealth.org.au

The Smile Squad team look forward to visiting on the 3rd June.

Book Club issue 4:



Extra curricular catch up



























+ Melbourne Zoo Excursion

Help us find a new before/after school care coordinator

Do you enjoy working with children, supporting their growth and helping them reach their full potential? If so, we have a fantastic opportunity for you!

Mt Alexander FDC is seeking a qualified Early Childhood Educator to run a Before and After School Care Program at Maldon Primary School. The program runs from Monday to Friday, and the role starts in term 3, 2024.

New educators register via Mt Alexander Family Day Care, where our leadership team provides all start-up and administration support.

If you would like further information regarding fees, compliance requirements or qualifications, please don't hesitate to contact Analeigh (Program Facilitator) at 0431 74 5097 or Lisa Girvan (Mt Alexander FDC) at 0474 315 849.

What's happening in the community?



FREE talk hosted by Castlemaine Library Thursday 6 June 2024 | 5.30 — 7.30 pm (5.15 pm arrival for a 5.30 pm start)

Bookings at goldfieldslibraries.com

Dhelkaya Health

Goldfields Libraries FMount Alexander